

AHMEDABAD **OBSTETRICS AND**

NEWS LETTER | MARCH 2018

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loge for academics & servitude









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Ahmedabad Obstetrics & Gynaecological Society

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HETARSH

Dr. Hemant Bhatt President

TEAM AOGS MESSAGE

Respected seniors and Dear colleagues.

The season of warmth & vacation is nearing, as the exams days are slowly passing by.

Everybody is busy in planning their vacation trip in comming months.

The March was hectic, as far as academic activities are concerned. There were two superb days spent on updation of our knowledge at FOGSI Force – PG students oriented academic seminar at GCS medical college, Amdupura. Thanks a ton to Dr.Haresh Doshi and entire GCS medical college team for taking pains in making it a huge success on consecutive fifth year.



Dr. Jignesh Deliwala Hon, Secretary

The CME on Ulipristal and oral Magnesium Sulfate with very interactive panel discussion, the CME on adherent placenta, obstetric hysterectomy, basics of genetics and insightful oration of Dr. Alpesh Gandhi-were memorable days spent with lots of take home messages.

The brain storming session with govt. authorities on how proactively AOGS members can contribute in reducing gender imbalance - was also highly successful with nearly 125 members participating in that discussion. The positive attitude of Asst. Director Dr. R.R.Vaidhya, CDHO Madam Dr. Shilpa Yadav, Advisory board chair person Dr. Devindraben Shah, Moral boosting lecture of Dr. Geetendra Sharma and inspiring presence of CSB member Dr. Pradhyuman Vaza & SSB member Dr. Mukesh Savalia was highly appreciated.

We will be distributing the verbatim correspondence with govt. authorities as well as the bare act of PC-PNDT in vernacular language at the time of installation ceremony.

Don't forget the 1st April, Sunday. We are having installation of our new team under the stewardship of Dr. Jayprakash Shah.

In all, we thoroughly enjoyed working for ADGS not only for our primary goal of achieving new heights of academics but touching the other spectras of human life by submitting ourselves to social service, providing ample opportunities for fun & frolic with families and knowing our city's other academic iconic places with more information.

Biding adieu, Pranaam,

शुक्रीया, सत श्री अकाल, आवर्शे.... नमस्कार 🛋



From, Team AOGS

BRAIN STORMING SESSION ON PC-PNDT DATE: 14.03.2018

























CME: 19 - SYMPOSIUM ON " MATURE WOMEN" UNDER THE "AEGIS OF AOGS" DATE: 28.02.2018



CME: 21 - AOGS SILVER JUBILEE ORATION DATE: 11.03.2018



PG - FOGSI FORCE 2018





Invitation 6

Ahmedabad Obstetrics & Gynecological Society

invites you to grace the installation ceremony

of AOGS Team for 2018-19 on

Sunday, 1st April, 2018 at

R. M. Fozdar Hall

Ahmedabad Medical Association, Ashram Road, Ahmedabad

From 9.00 am onwards

Chief Guest

Guest of honour

Nehakumari IAS Sub Divisional Magistrate Govt. of Guiarat Dr. M.M. Prabhakar
Add. Director Medical Education
Govt. of Guiarat

Dr. Prakash Vaghela
Add. Director of Family Welfare
Govt. of Guiarat

With warm Regards,

Dr. Jayprakash Shah

President

Dr. Anil M. Mehta

Dr. Snehal Kale

Hon. Jt. Secretary

Dr. Kamini Patel

Hon.Secretary

Dr. Raial Thaker

• Vice President •

Dr. Sunil Shah

Dr. Lata K. Trivedi
 Clinical Secretary

Ex Officio: Dr. Hemant Bhatt, Dr. Jignesh Deliwala

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- Dr. Mahesh Jariwala
- Dr. Sanjay J. Shah

- Dr. Hina K. Shah
 Dr. Kamlesh Jagwani
- Dr. Munjal Pandya
 Dr. Praful Panagar
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Programme Details &

Day and Date: Sunday, 1st April 2018

• 09.00 am to 09.30 am	:	Breakfast
• 09.30 am to 10.00 am	:	Prayer : Falguni Joshi
		Lighting of Lamp
• 10.00 am to 10.15 am	:	Floral welcome
• 10.15 am to 10.30 am	:	Welcome speech of outgoing
		President – Dr. Hemant Bhatt
• 10.30 am to 10.45 am	:	Secretary's report – Dr. Jignesh Deliwala
• 10.45 am to 10.55 am	:	Blessings of Guest of honour
		Dr. M.M. Prabhakar - Add. Director Medical Education
• 10.55 am to 11.05 am	:	Blessings of Chief Guest
		Nehakumari IAS - Sub Divisional Magistrate
• 11.05 am to 11.15 am	:	Blessings of Guest of honour
		Dr. Prakash Vaghela - Add. Director of Family Welfare
• 11.15 am to 11.30 am	:	Oath taking ceremony
		Dr. Jaydeep Malhotra
		- Of President & Change of Presidential Medal
		- Office bearers
		- Managing Committee Members
• 11.30 pm to 11.40 pm	11	Introduction of Incoming President
		Dr. Jignesh Shah
• 11.40 am to 11.55 pm	:	President's Speech
		Dr. Jayprakash Shah
• 11.55 pm to 12.40 pm	:	AICOG 2017 Oration : QED in Maternal Care
		Dr. Jaydeep Malhotra
• 12.40 pm to 12.50 pm	:	Felicitation of Past President - Secretary
• 12.50 pm to 01.00 pm	:	Award giving ceremony
• 01.00 pm to 01.15 pm	:	Vote of thanks by Dr. Kamini Patel
 01.15 pm onwards 	:	LUNCH

Master of Ceremony: Dr. Sheetal Punjabi

Programme Co-Ordinator: Dr. Kamlesh Jagwani

CME: ACUTE RESPIRATORY ILLNESS IN PREGNANCY

Date: 8th April, 2018 - Sunday

Venue : Hotel Radisson Blu, Nr Panchvati Cross Roads, Off C.G Road, Ambawadi, Ahmedabad

MOC : Dr. Aarti Vazirani Chairpersons: Dr Atul Munshi, Dr Aiit Raval Time Name Topic 09:30 am to 10:00 am Dr. Parthiy Mehta ARDS in Pregnancy & labour & its management 10:00 am to 10:30 am **Dr. Parth Patel** Bronchitis and Asthma in Pregnancy 10:30 am to 11:00 am Dr. Chirag Amin Influenza in Pregnancy; covert foe, overt enemy 11:00 am to 11:25 am Dr. Parthiy Mehta Pneumonia in Pregnancy 11:25 am to 12:15 am Dr. Girija Wagh - Pune Influenza vaccination: Benefits beyond the mother Influenza R and the vaccine mismatch conundrum 12:15 pm to 01:00 pm Panelists: Dr. Parthiv Mehta, Dr. Giriia Wagh, Dr. Parth Patel,

Dr. Akshay Shah, Dr. Shashwat Jani

Moderator : Dr. Chirag Amin
01.00 pm onwards LUNCH

Programme Co-Ordinator: Dr. Mahesh Jariwala

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CME: WOMEN IMMUNIZATION

Date: 29th April, 2018, Sunday Venue : Hotel Park Plaza, Opp Gujarat College, Ellis Bridge, Ahmedabad.

MOC: Dr. Snehal Kale | | Chairpersons: Dr. Rajak Thaker, Dr. Dilip Gadhavi

Time	Name	Topic				
09:30 am to 10:00 am	Dr. Minol Amin	Adolescent Girl Immunisation				
10:00 am to 11:00 am	Dr. Ava Desai	HPV Vaccination : In Preventing Cervical Carcinoma				
11.00 am to 11.30 am	Dr. Raunak Parikh	HPV Vaccination & T-dap in maternal immunization				
11:30 pm to 12:30 pm	Panel Discussion : Women Immunization - How important is is ?					
	Panelists : Dr. Amiya Mehta, Dr. Kruti Deliwala, Dr. Dilip Gadhavi, Dr. Ava Desai					
	Moderator : Dr. Raunak Parikh					
12.30 pm onwards	LUNCH					

Programme Co-Ordinator: Dr. Praful Panagar

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Peripartum Hysterectomy - Dr. Hemant Deshpande

Peripartum hysterectomy is Removal of luterus after delivery or at CS or performed within 24 hours of a delivery.

It is also called as Obstetric hysterectomy, Cesarean hysterectomy

The first documented hysterectomy on a patient at Caesarean section was performed in United States by Horatio Storer in 1869. Although the uterus was removed successfully, the patient died in 68 hours after surgery

In 1876, Eduardo Porro Head of Midwifery School in Milan described the first cesarean hysterectomy in which both mother and baby survived

Primiparous dwarf 144 cm height, Julia Cavallani after Caesarean section had to undergo hysterectomy. A instrument called a cintrat's constrictor passed over the neck of the uterus and the view was sufficiently tightened to control hemorrhage by compressing uterine arteries and the uterus was then cut away. The sturm was brought out through the abdominal wound which was closed with sutures of silver wire

Modifications were done by Godson in 1884 and Lawson tait in 1890

INDICATIONS

By far the most common indication for hysterectomy is hemorrhage associated with the following conditions.

Atonic PPH, placenta previa with accreta concealed abruptio placentae, Uterine rupture and Sepsis.

SURGICAL PRINCIPLES

Although the technique of obstetric hysterectomy is similar in principle to that of abdominal hysterectomy in gynecology, numerous anatomical and physiological changes in pregnancy create potential surgical difficulties.

(1) The uterine and ovarian vessels are enlarged and distended, often markedly so, and the adjacent pelvic tissues are edematous and friable.

Abdominal entry is Preferably the midline incision because it provides better exposure, uterus is brought out of the abdominal incision.

Clamp, Cut & Drop technique by Mickel and Plauche is better.

All pedicles ligated as close to uterus & cervix as possible (Sliding off technique), Keep adequate size of the stump

Round ligament should be separately ligated due to Sampson's artery

Cornual and vascular pedicles are ligated doubly , proximal simple ligation and distal transfixation

Clamps on vascular pedicles should be manipulated as little as possible... to avoid trauma.

Remain in midline while dissecting bladder, Laterally dilated venous plexuses of Sanorini may bleed.

Adhesions of bladder with LUS require sharp dissection

Define the lower limit of cervix making an incision in the lower segment or thro. LSCS incision

Uterosacral should always be excised & sutured as separate pedicles

When tying last cardinal ligament take angle of friable & oedematous vagina in it to prevent angle bleeding .

Bladder wall oedematous Protect it, Keep mop between bladder & doyen's retractor

Before u close abdomen . Inspect Pedicles carefully

Do not do peritonization, Keep 2 drains (14 no.) One in pelvis & one superficial

Do not forget to Count Mops & instruments

Perioperative antibiotic prophylaxis should be ontinued for 24-48 hours. Thromboprophylaxis with heparin may be be instituted as per need.

Subtotal or total hysterectomy

Peripartum hysterectomy may be either subtotal or total.

A subtotal hysterectomy is thought to be technically easier and associated with shorter operating time, less blood loss, less urological injury and low morbidity.

Subtotal hysterectomy may be associated with certain post-operative problems from the cervical stump such as bleeding, vaginal discharge and the need for regular cervical cytology

Total hysterectomy is recommended for placenta previa accreta & rupture uterus involving lower segment.

Complications

The most frequent complication of peripartum hysterectomy is excessive blood loss and need for transfusion. The extensive blood loss is related mainly to the primary indications for hysterectomy and delay in deciding to carry out hysterectomy. Edematous tissue, adhesions from previous surgery and the inherent risk for coaculopathy may contribute to blood loss

The bladder is most frequently injured during the dissection from the lower segment in people with previous caesarean sections. The ureters can be clamped, sutured or stitched where they pass under the uterine vessels at the lateral aspects of the lower segment. The reported incidence of urological injuries with peripartum hysterectom vis less than 1%

Other complications are like wound sepsis/dehiscence, urinary tract infections, ileus, anemia, prolonged duration of hospital stay and/or injury after urinary tract infection.

The identification of the risk factors for placenta previa accreta and its antenatal diagnosis may need elective or semi elective peripartum hysterectomy. In view of the rising incidence of placenta previa accreta, all over the world, the need for peripartum hysterectomy may be on the increase and as such residents in Obstetrics must be adequately trained to perform this difficult but life saving procedure.

Modern Management of Breech Presentation

Antepartum

- Watchful expectancy upto 36 weeks for spontaneous version.
- ECV should be offered to every patient with breech presentation after 36 weeks (ACOG, RCOG) Success rate in primigravida is > 40 %, while in multipara it is > 60 %

ECV

- Procedure is not difficult. No high skill is required, problem is that it is not taught in residency. Knowing it, believing in it & trying it, is just required. Experience can be gained by attempting version at 30 34 weeks in parous patients when liquor is good & haby is small.
- Written consent is must after proper counseling.
- Success factors for ECV are 1) Good liquor 2) LSAIRSA position 3)
 Unengaged breech 4) Cooperative Patient 5) Parous patient 6)
 Tocolysis 7) Placenta posterior / lateral & 8) Experience & conviction of the obstetrician
- Risk of major complications is extremely rare < 1 %. Advantage
 of vaginal delivery after successful ECV far outweigh the risks.
- USG before & after the procedure is must.
- · Facilities for cesarean section should be available.

Potter from Buffalo was doing External podalic version to convert all vertex into breech in parous patients!!

Full term Breen

- Term Breech multicentric Trial conducted in 28 countries by Hannah et al (2000) for "Planned vaginal delivery versus planned cesarean section for term breeches" suggested that all term breeches irrespective of parity should be delivered by cesarean section.
- Much controversy emerged from their recommendation & subsequent guidelines recommended vaginal breech delivery in selective cases

ACOG committee Bulletin 340 - 2006

- CS will be preferred mode for most physicians because of the diminishing experience in vaginal breech delivery.
- Planned vaginal breech delivery may be reasonable under hospital specific quidelines for eligibility and labor management.

RCOG Guideline No.20b 2006

- Vaginal delivery to be undertaken after proper counselling &
 consent only in presence of clinician trained in vaginal delivery.
- consent only in presence of clinician trained in vaginal delievry.

 No long term risks to babies born by vaginal route.

SOGC Guidelines 2009

- Planned vaginal delivery is reasonable in selected women
- Continuous Elec. Fetal monitoring is preferable Induction & augmentation of labour not recommended.

Vaginal Breech Delivery

One must learn the method because one may be compelled to conduct vaginal delivery if

- 1. Women may choose for vaginal delivery.
- 2. No time for LSCS
 - Fast progress of labour
 - Patient comes very late
- Delivery of second twin as breech
 Delivery of baby at LSCS -steps are same.

Assisted breech delivery :-

Prerequisites:

Obstetric : Normal pelvis, parous patient, complete/frank breech,

PROM, Mature or near term average size fetus
- Experienced Obstetrician

- Counselling & consent of the patient
- All primi breech should be delivered by LSCS.
 Assisted breech delivery is practiced with standard principles i.e.
 Never pull from below, keep the back anterior & avoid undue haste.

Tips for assisted breech delivery

- · Good lithotomy position
- Defer episiotomy till the buttocks fully distend the perineum. Give generous mediolateral episiotomy.
- Do nothing till delivery up to umbilicus. Then active assistance starts.

- Cover the baby with dry, warm towel

- loop of cord is gently pulled down & pulsations checked

" Often the hardest part of vaginal breech delivery is doing nothing when breech crowns " Wiener

- Give traction during uterine contraction only.
- Shoulders can be delivered by simply hooking it out or preferably by Lovset manouever when inferior angle of scapula is seen.
- The brech is allowed to hang until the head is fully engaged & nuchal line is visible. Hanging also helps in flexion of fetal head For aftercoming head M S V technique (jaw flexion, shoulder traction) is commonly employed with suprapubic pressure & usually successful.

Burns Marshall method is less favored & forceps even though best is rarely used due to lack of experience in instrumental delivery.

Trapping of aftercoming head

Stop struggling & think what is the cause. Panic & hurried attempts are futile & dangerous. Never try to deliver the head until the nape of the neck becomes visible as seen from hairline

A. If cervix not fully dilated

- Inj.n Epidosin 1 amp I/V stat should be given or Inj.n Nitroglycerine 50 to 100 ug I/V if available.
- Duhrssen's incisions are two small incisions of 1 to 2 cm on the cervix at 2 &10 o'clock. They are very effective & not as dangerous as thought.

Mild CPD

- Exaggerated lithotomy position (Mc Robert's manouever)
- . Turn the baby to oblique position & then give traction.

Cesarean section for breech

- Usually it is elective CS so lower segment is not formed. For easy delivery keep higher incision, keep adequate incision, more curved incision & extend the incision by cutting & not finger splitting to have more space.
- For any cesarean for breech rule out congenital anomalies.

Important

- Individual obstetrician must tailor their practice to fit their circumstances
- Disasters result from the excitement on the part of the Doctor.
- In today's medicolegal era one should be very careful in selecting the case for vaginal breech delivery leaving very little scope for the chance.

Dr. Haresh Doshi

MD, PhD, FICOG

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Panel Doctors

Dr. Parul Kotdawala Dr. Namita Shah Dr. Nita Thakre

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Western India: 6th



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