



AOGS BULLETIN

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AHMEDABAD OBSTETRICS AND GYNAECOLOGICAL SOCIETY NEWS LETTER

NOVEMBER 2013

Theme :

Knock the "t" off the can't



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Dr. Archana Shah
Dr. Geetendra Sharma
Dr. Kalpesh Trivedi

Dr. Kamini Patel
Dr. Kaushik Vyas
Dr. Mukesh Patel
Dr. Sunil Shah

◆ **Ex-Officio**

Dr. Dipesh Dholakiya
Dr. Hemant Bhatt



Editor's Report

Dear friends,

Wish you & all your family members a very happy & prosperous new year. After a hectic obstetric season many of you have enjoyed your vacation & spent some quality time with your family.

Team AOGS also took a small pause to rejuvenate & prepared itself for three mega conferences soon after Diwali. AOGS is giving you the opportunity to learn & share the knowledge with a spice of entertainment for three consecutive months i.e. november .december & January at your home. The academic sessions in all three conferences are meticulously planned, Entertainment part is given a nice thought & hospitality you will never forget.

It is our sincere request to all of you to make these conferences a grand success by your gracious presence. Team AOGS always put family first. So we planned a drama for family members in November & a grand family get together with dinner & entertainment in Christmas vacation.

"Life is not about complaining pain & sorrows. it's about thousands other reasons to thank our creator!!!"

Happy living.

✦ ————— Sincerely Yours in AOGS ————— ✦

Dr. Kiran Desai

Dr. Vinod Arora

Dr. Raj Iyenger

Dr. Dhaval Shah

**Scientific Program : 21st December, 2013 / Saturday.
Multimedia Hall, N. H. L Municipal College Ahmedabad.**

Time	Topic / Programme	Speaker	Sub. Experts	Chairperson	Co-ordinators
Relayed from Cadaveric Lab, V. S. Hospital, Ahmedabad					
8.00 am to 9.00 am	Breakfast & Registration				
9.00 am to 9.30 am	Inauguration				
9.30 am to 1.00 pm	Demonstration of Surgical procedures (1) Perineal anatomy (2) Posterior Compartment of Pelvis (3) T.O.T Tract dissection (4) Repair of Bladder & bowel injury	Dr. Jitu Patel Dr. Mahesh Gupta Dr. Vineet Mishra Dr. Kaushik Shah (Gen. surgeon)	Dr. Ajit Rawal Dr. Kiran Desai	Dr. Mukesh Savalla Dr. Mukesh Patel	
1.00 pm to 2.00 pm	Lunch				
Relayed from BISAG Studio, Gandhinagar					
2.00 pm to 2.30 pm	Inauguration				
2.30 pm to 3.00 pm	Oration	Dr. P. K. Shah (Ex. President FOGSI)		Dr. Mahesh Gupta Dr. Phagun Shah	Dr. Anjana Chauhan Dr. Kaushik Vyas
3.00 pm to 3.20 pm	Keynote address	Dr. Hema Divakar President (FOGSI)			
3.20 pm to 3.40 pm	First Trimester markers		Dr. Mahesh Gupta	Dr. Kirti Vadaliya	Dr. Kalpesh Trivedi
3.40 pm to 4.00 pm	Second Trimesters markers (for Definite Termination)	Dr. Ajay Valla	Dr. B. I. Patel Dr. Jignesh Shah	Dr. Babu Patel	Dr. Raj lyengar
4.00 pm to 4.20 pm	Foetal Echo Cardiology- An overview				
4.20 pm to 4.40 pm	Abnormal fetal arterial Doppler - follow up	Dr. Jayprakash Shah			
4.40 pm to 5.00 pm	Imaging in Infertility	Dr. Prashant Acharya			



FOGSI Satellite Conference 21st & 22nd December 2013

**Scientific Program : 22nd December, 2013 / Saturday.
Multimedia Hall, N. H.L Municipal College Ahmedabad.**

Time	Topic / Programme	Speaker	Sub. Experts	Chalrperson	Co-ordinators
Relayed from BISAG Studio, Gandhinagar					
8.00 am to 9.00 am	Breakfast				
9.00 am to 9.30 am	Inauguration				
9.30 am to 1.00 pm	Medico Legal Workshop	Hon. Justice Gujarat High Court Shree Ravi Tripathi & Team			Dr. M. C. Patel Dr. Rajani Contractor Dr. Geetendra Sharma
1.00 pm to 2.00 pm	Lunch				
(Endoscopy / Miscellaneous)					
2.00 pm to 2.20 pm	TLH V/S NDVH	Dr. Sujal Munshi	Dr. Prakash Trivedi	Dr. Hareesh Doshi	Dr. Kiran Desai
2.20 pm to 2.40 pm	Surgical V/S Medical mgmt of Ectopic pregnancy	Dr. Sunta Tandulwadkar	Dr. Pravin Patel Dr. Sanjay Patel	Dr. Ketan Parkh	Dr. Uday Patel Dr. Anil Mehta
2.40 pm to 3.00 pm	Laparoscopic Surgeries for Ca Cervix - Current Status	Dr. Dipak Limbachya			
3.00 pm to 3.20 pm	Lap myomectomy - from & up to what size ?	Dr. Tejas Dave			
3.20 pm to 3.40 pm	Ovarian drilling - Always a must during endoscopy?	Dr. Manish Banker	Dr. Prakash Trivedi Dr. Pravin Patel Dr. Sanjay Patel	Dr. Mala Shah Dr. Navin Patel	Dr. Dilip Gadhave Dr. Vinod Arora Dr. Vijay Shah
3.40 pm to 4.00 pm	Resection of Septum : Compulsory ?	Dr. Nozer Sheriar			
4.00 pm to 4.20 pm	Lap. Approach to Genital Prolapse	Dr. Alka Kriplani			
4.20 pm to 4.40 pm	Valedictory Function				

Announcement

Sneh Milan & Family Get Together

Dinner

Fun

Housie

Date

Sunday, 29th December, 2013.

Venue

Fun Point Club, S. G. Highway, Ahmedabad

Congratulations

to

Force 2013 MCQ exam winners

1st winner

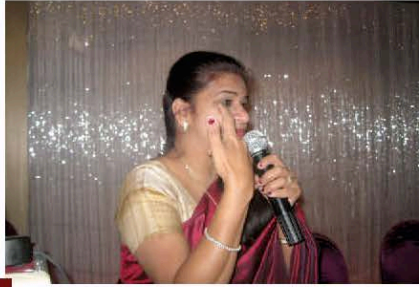
Dr. Archana Bharti

2nd winner

Dr. Nirmam Patel

3rd winner

Dr. Dhruvit B. Chaudhri



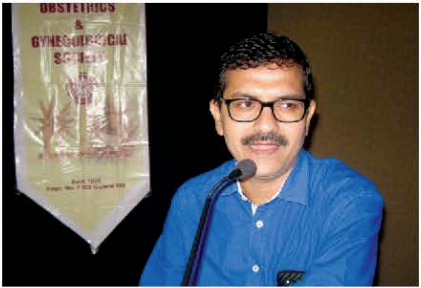


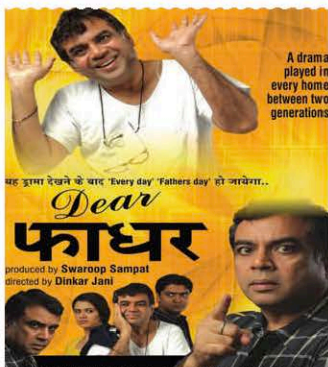


Fellowship & Thanks giving meet with Pharma friends of AOGS 23/10/13



CME & GBM on 28/10/2013 at Courtyard Marriott





2nd Family Programme

Gujarati Play “Dear Father”

Drama starring Paresh Rawal organised by AOGS on 22nd November 2013 at Thakorebhai Desai Hall.

It was a very well attended & appreciated by members & their family members. The drama was full of entertainment with a social message for everybody.

Kudos to TEAM AOGS.



Social Project by AOGS

ADHAR CARD

on 14/12/2013, Saturday & 27/12/13, Friday

Venue : AMA Building, Ahmedabad

Arrangement will be made by AOGS to help AOGSians & their family members to get **ADHAR CARD** without any hassle.

A copy of the form to be filled is enclosed.

Member can get **xerox copies** as per their requirement.

Oath taking event at AOGS office on 31/10 /2013

Senior member of AOGS **Dr. Atul Munshi** administered oath to following members.

Dr. Geetendra Sharma
Dr. Dipesh Dholkia
Dr. Kamini Patel

had taken oath & shown interest to work for AOGS.





Mammography - Social Care and Cause

Mammography Screening Program has been specially designed for members of AOGS or their spouse. The program starts from July 2013.

The member should contact local Co-ordinators or the Chief Co-ordinators for their appointment; for getting mammography done.

You have the option to choose from the following :

USMANPURA IMAGING CENTRE

30, Ambica Society, Near Kalol Nagrik Bank, Opp. Usmanpura Garden, Usmanpura, Ahmedabad-380013.
Phone : 079-27552555 / 666 / 777

ACCUVIEW DIAGNOSTICS

Block-B, Neelkanth Park-II, Nr. Bsnl Telephone Exchange, Ghoda Camp Road, Shahibaug Ahmedabad-380004.
Phone : 079-22682818

SIDDHIVINAYAK IMAGING CENTER

Siddhivinayak Hospital, Behind Kakariya Lake, Maninagar, Ahmedabad-380008.
Phone : 09327052659, 079-25451821

DR. GHANSHYAM DABHI

Shivam X ray Clinic, Opp. Mehsana Society, Nava vadaj, Ahmedabad-380013.
M.: 9427620320

DR. SONAL PANCHAL NAGORIS INSTITUTE OF INFERTILITY

1st Floor, Kedar Building, Opp. Krupa Petrol Pump, Nr. Parimal Garden, Ahmedabad-380006.
Phone : 079- 26401090, 26402090

AOGS will bear the expenditures of Mammography.

CHIEF CO-ORDINATORS

- Dr. Anjana Chauhan
+91 9327064981

- Dr. J. D. Patel
+91 9825037891

Co-ordinators Mobile List

Name	Number
Dr. Shital Agrawat (Vaidya)	9428600929
Dr. Shashikala Sahu	9824277494
Dr. Suvarnaben	9825233616
Dr. Krupa Trivedi	9898468038
Dr. Lalita Kothari	9228418797
Dr. Nidhi Saxena	9327115420
Dr. Kokila Patel	9427711575
Dr. Jayshree Sheth	9879791640

Name	Number
Dr. Shilpa Gajjar	9824045703
Dr. Anila Kapadia	9824039227
Dr. Neeru Shah	9327049323
Dr. Lata Trivedi	9428521073
Dr. Bina Patel	9327031131
Dr. Bela Patel	9825160599
Dr. Neeta Mishra	9924330277

The report will be delivered at AOGS. The copy of report can be obtained from AOGS office after a week, of the date of Screening.

For the use of a Registered Medical Practitioner, Hospital or Laboratory only

Comprehensive approach in management of
 • Threatened Miscarriage • Recurrent Miscarriage • Infertility

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 Dydrogesterone Tablet BP 10mg

- ✓ Derived from **Natural Diosgenin**¹
- ✓ **Orally effective**² unlike micronised progesterone³
- ✓ Has been used in approximately **10 million pregnancies between 1977 and 2005**⁴



¹ Bala M et al. *Acta Obstet Gynecol Scand* 2001; 40(Suppl 21): 216
² Lohr M et al. *Human Reprod* 2001; 16(Suppl 1): 10
³ Lohr M et al. *Human Reprod* 2001; 16(Suppl 1): 10
⁴ Quenkel L et al. *Early Human Development* 2005; 74: 2

Composition: Each scored film coated tablet contains 10 mg of dydrogesterone. **Indications:** Hormone Replacement Therapy. To counteract effects of unopposed estrogen on endometrium for women with disorders due to menopause & with intact uterus. Progesterone deficiencies in dysmenorrhoea, endometriosis, secondary amenorrhoea, irregular cycles, dysfunctional uterine bleeding, pre-menstrual syndrome, threatened and habitual abortion, infertility due to luteal insufficiency. **Dosage and Administration:** Hormone replacement therapy: In combination with continuous oestrogen therapy, 10 mg dydrogesterone daily during 14 consecutive days per cycle of 28 days. In combination with cyclical oestrogen therapy, 10 mg dydrogesterone daily during last 12 - 14 days of oestrogen therapy. If endometrial biopsies or ultrasound would reveal inadequate progestational response, 20 mg dydrogesterone should be prescribed. 2. Dysmenorrhoea: 10 mg twice daily from day 5 to day 25 of cycle. 3. Endometriosis: 10 mg two or three times daily from day 5 to day 25 of cycle or continuously. 4. Premenstrual syndrome: 10 mg twice daily from day 11 to day 25 of cycle. 5. Irregular cycles: 10 mg twice daily from day 11 to day 25 of cycle. 6. Threatened abortion: 40 mg at once, then 10 mg every eight hours until symptoms remit. 7. Habitual abortion: 10 mg twice daily until seventeenth week of pregnancy. 8. Infertility due to luteal insufficiency: 10 mg daily from day 14 to 25 of cycle. Treatment for at least six cycles. Advisable to continue treatment for first few months of pregnancy as described under 'Habitual abortion'. **Contra-indications:** Hypersensitivity, Unknown vaginal bleeding, if used to prevent endometrial hyperplasia in (women using estrogen). **Precautions:** Breakthrough bleeding, can be prevented by increasing dosage. **Interactions:** None known. **Pregnancy and lactation:** No evidence that can not be used during pregnancy. Excreted in milk of nursing mothers. Effect on ability to drive and use machines: No effect. Undesirable effects: Breakthrough bleeding, alterations in liver function may occur. **Pharmacodynamics:** orally active progestogen producing complete secretory endometrium in oestrogen primed uterus. **Shelf life:** 3 years. **Storage:** Store in cool and dry place. **Packaging:** Blister strip of aluminium foil and PVC film, of 10 film coated tablets. **Issued on:** Jan 2010.

Further information available on request from
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Reduces risk of spontaneous abortion¹

Prevents development of gestational diabetes & hypertension²

Minimizes chances of sub-fertility³

Improves oocyte development & estrogen levels⁴

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5-MTHF



Dose: 1 Tablet Daily

References:

1. Reproductive Biology and Endocrinology, 2004;27:14. 2. Am J Epidemiol, 2002;158:806-812. 3. Fertility and Sterility, 2010;94(1):130-137. 4. Diabetes Care, 1999;22(7):1017-1021.

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- ERA(Endometrial Receptivity Assay)

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Directors - Dr. Pravin Patel | Dr. Manish Banker



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